

CERTIFICATE

OF PARTICIPATION

This is to certify that

Emma Frost

Has successfully participated & completed the

11km Highland Gate Trail Run 2017

held at Dullstroom.

TIME 01:38:00

PACE 08:54/km

OVERALL 56 of 171

GENDER 25 of 109

OPEN 23 of 76

11 March 2017, Sat

Date



Bout Time